

## HOSPITAL DISCHARGE

The doctor will inform you of the time of discharge.

Before leaving the hospital, you will be given the clinical discharge report. If necessary, you will be given prescriptions for the prescribed medications.

The doctor will decide, according to the established criteria, if he needs an ambulance for his transfer.

## RECOMMENDATIONS

Do not stay in the hallways, there is a living room in the units lobby.

Silence is requested throughout the center. Speak in a low voice, keep the doors closed and watch the volume of the television and mobile.

Avoid bringing valuables. Give them to your relatives.

It is important that you respect the rules and instructions of the center's staff.

If you detect a dangerous situation, tell the staff and remain calm. The hospital has an action plan for these situations.

## REMEMBER THAT SMOKING IS PROHIBITED IN THE WHOLE HOSPITAL ROOM

(Art. 7, Law 28/2005 of December 26)



## SERVICES OF INTEREST

### Patient Information and Care Service

Ground Floor of the Hospital (main entrance). They will listen to your suggestions, thanks, complaints or claims and help you resolve incidents.

### Social worker

Ground Floor of the Hospital (main entrance). They will attend to social needs and inform you of the available resources and benefits.

### Proof of income / intervention

Secretariat of each plant. Necessary to present D.N.I. or document accrediting the applicant.

### Cafeteria, cashier

Ground floor, main entrance.

### Solidarity Library

In the waiting rooms of all floors.

### Religious Service

The chapel is on the third floor. If you belong to another church or confession and you want us to contact you, contact the plant manager.



# INFORMATION FOR PATIENTS HOSPITALIZED HELLÍN HOSPITAL

C/ Juan Ramón Jiménez 40. 02400. Hellín (Albacete)



Welcome to Hellín Hospital, we hope your stay is comfortable and we wish you a speedy recovery.

## HOSPITALIZATION

The Admission Service will enter, you will need your D.N.I. and health card.

The warden will accompany you to the Unit and will indicate the corresponding room and bed.

From the Emergency Department or at the plant they will put an **identification bracelet** with your personal data.

Each unit has a supervisor that coordinates the operation of the unit and who can be contacted if necessary.

Tell your doctor and nurse about **allergies** or problems you have had with medications, food or other products.

If you need help press the bell located at the head of the bed. From the nursing control they will attend you through the interphone and will go as soon as possible.

## TV AND TELEPHONE

Each room has television, telephone and internet. You can request the wifi key on the ground floor, information desk.

To call the rooms from the outside, dial **967 30 95 00**.

## HYGIENE

The hospital will provide you with pajamas or a nightgown and toiletry kit, if you prefer you can bring your own.

In the room you have a locker for your objects. Do not leave anything of value, the hospital is not responsible for your loss.

Hygiene is necessary to maintain your health. If you can, you should shower daily.

## FEEDING

Food is part of your treatment and is under medical control. Do not eat foods or drinks that are not included in your diet.

If you have food intolerance/allergy, report it.

### Approximate meal times:

Breakfast: 9:00-9:30 am    Food: 1:00 - 1:30 pm  
Snack: 5:00-5:30 pm      Dinner: 8:00-8:30 pm

## CLEANING

The cleaning of the room is done in the morning, there is a guard service 24 hours a day.

Do not stay in the room during cleaning.

It is important that you collaborate with us in keeping the Hospital clean and cared for.

## VISITS

**Only one companion per patient is allowed.**

During the medical visit of the plant visits will not be allowed.

For the benefit of children and in general, the presence of children under 12 years of age in the Hospital is not authorized.

## INFORMATION

The doctor makes the daily visit. On weekends and holidays the visit is made if your clinical situation requires it.

At the end of the visit, the doctor will inform you about the process. This information will also be provided to the people you authorize.

Telephone information about your hospital stay will not be provided. The hospital will ensure the confidentiality of its process at all times.

Before carrying out any intervention, tests, techniques and / or medical or nursing treatments, you will be informed of the risks to your health and possible alternatives.

Your consent and authorization will be requested verbally or in writing, as appropriate.